

Retired Prosecuting Attorney's Life Saved by Wife's Quick Action During Stroke



Tindall Family (pictured left to right): Albert G. Tindall, Connie Tindall, Melissa Tindall, Amelia Tindall, and Dr. J. Paul Tindall

This past February, retired Washington County Prosecuting Attorney Albert G. Tindall, 82, experienced a life-threatening stroke. Fortunately, his wife, Connie, recognized the signs and took immediate action, rushing him to Washington County Memorial Hospital's Emergency Department.

Mr. Tindall gave high compliments to the Washington County Memorial Hospital Emergency Department staff who swiftly evaluated him saying, "The entire ER staff was wonderful. They examined me and immediately called the ambulance and transferred me to Mercy South. Every member of the staff that cared for me was wonderful, caring, professional, and wasted no time getting me transferred," "It was an awesome experience, and I say thank you to every person who I came in contact with at the hospital - great job."

Mr. Tindall's experience underscores the importance of recognizing stroke symptoms and acting quickly. He advises the community: "Learn the symptoms of a stroke and if you conclude it is probably a stroke, go straight to the ER. My wife got me there within 15 minutes."

Mr. Tindall recalls the onset of his symptoms: "I tried to tell my wife something and I couldn't speak." Recognizing this as a sign of a stroke, Connie, who worked at the hospital for 15 years, sprang into action. "You're having a stroke," she declared, administering an aspirin before driving him straight to the ER.

Lindsay Reynolds RN, BSN, WCMH's Stroke Coordinator and Educator, recorded Mr. Tindall's story and shared his words of gratitude with the emergency department staff that assessed, treated, and transferred Mr. Tindall during his stroke. She had this to add:

"Time is brain. A stroke happens when blood cannot get to the brain. The faster you can recognize the signs and get emergency help for a stroke the more of your brain function can be recovered or saved. The signs of a stroke can be remembered with the acronym BE FAST:

Balance- Dizziness or Loss of Balance

Eyes- Blurred or Double Vision

Face- Facial Droop

Arm- Arm Drift or lack of function

Speech- Slurred Speech or Unable to Speak

Time- Call 911, Get Immediate Emergency Care

Immediate medical attention is crucial in improving outcomes for stroke patients. WCMH staff are grateful they get the opportunity to save lives, like Mr. Tindall, right in their hometown. Mr. Tindall's story is a powerful reminder that recognizing the signs of a stroke and acting swiftly can save your life or a loved one's.