

# WASHINGTON COUNTY MEMORIAL HOSPITAL

**FOR IMMEDIATE RELEASE**

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## **Walking Trail Project to Break Ground**

### **Washington County Memorial Hospital announces a Groundbreaking Ceremony**

Potosi, MO, September — **Washington County Memorial Hospital**, will break ground on a quarter mile walking trail on September 14, 2018 at 9:00 a.m. in the front of the hospital. It is expected that the trail, open to the public, will be completed by late fall.

“Movement is Life! Walking is one of the easiest and least expensive ways to stay healthy. Walking can increase lifespan, lower risk of diseases especially heart disease, provide higher bone density as well as increase your endorphins. We are blessed with the passion of individuals, especially Deb Pratt and benefactors to bring the vision alive. Our hope is that the walking trail will provide health, companionship of community and fun,” says Michele Meyer, CEO, Washington County Memorial Hospital

“For the past 5 years we have planned this trail as one way of encouraging healthy activities for our community. It is truly gratifying that so many have contributed funds, their time and thoughts to make this a reality” added Debra Pratt, Chief Financial Officer.

The trail will be situated in front of the hospital and will feature a 6’ paved path and a water fountain. It will provide a safe and easy way to enjoy the outdoors and encourage fitness in our community.

Future plans including lighting, memorial benches and expanded landscaping. Anyone interested in becoming a part of the development of future phases of the trail are encouraged to contact Debra Pratt, WCMH at 573 438-5451 ext 771.

Washington County Memorial Hospital is a Critical Access Hospital who strives to maintain best practices and a full continuum of care for all patients in our community and surrounding communities. WCMH is open 24 hours a day, 7 days a week, and provides a wide array of support services for all patient needs. The longstanding community hospital is a cornerstone for quality, compassionate healthcare. In addition to the hospital, WCMH has four Rural Health Clinics to meet your needs; Austin Plaza Primary Care, Health Way Primary Care, Potosi Rural Health Clinic, and WCMH Urgent Care. Our healthcare family is committed to your family right here, close to home.